

Adage Dance and Fitness

Kerrey Clarke - 07711120405
174-176 High Stree, Harborne, Birmingham
'Health Awareness Open Day'
10.00 - 2.00

Friday 18th June

HOBpct

Margaret Gilliver - 0121 255 4226
Small Heath Community Centre,
Muntz Street Small Heath
'Carers Open Day with various stalls'
10.00 - 2.00

The Romsey Assessment Unit

Bonnie Allcock - 0121 678 2127
QEPH, Edgbaston, Birmingham
'Open Day for Carers with Lunch and afternoon
Concert by the CBSO'
9.30 - 3.30

Hurstway Day Centre

Sarah Hands
07966 771882
136 The Hurstway Erdington
Carers Open Afternoon
2.00 - 4.00

Naseby Centre

Mohammed Yasin - 0121 464 5232
Naseby road, Alum rock , Birmingham
'Women Carers Pamper Day'
10.00 - 3.00

Sutton Carers Parent Group and Birmingham Carers

Mrs L Lloyd - 0121 357 4928
Sutton Coldfield Library, rooms 1 & 2
'Interagency Carers groups Information Day'
10.30 - 3.00

Waitrose Supermarket

Chris Vinnicombe - 0121 464 3468
Stratford Road, Hall Green, Birmingham
'Carers Information Day with Carers Support
Initiative and Pension Service'
10.00 - 2.00

**For any Benefits Information please contact your local neighbourhood
office for free and friendly advice**

CONTACT DETAILS

Telephone enquiries: 0121 464 1203
Fax: 0121 303 7208
Email: help@carersweek.info
Website: www.carersweek.info

Linthorns Chemist

Pat Marsan - 0121 464 3468
1120 Stratford Road, Hall Green
'Carers Information Afternoon'
12.30 - 1.30

Sainsbury's - Maypole

Pat Marsan - 0121 464 3468
The Maypole, Birmingham
'Carers Information Day with the Pension
Service'
10.00 - 2.00

Linthorn Chemist

Pat Marsan - 0121 464 3468
The Precinct, The Maypole, Birmingham
'Carers Information Morning'
10.00 - 12.00

Saturday 19th June

NCH Birmingham Young Carers

Young Carers Fundraiser
Pam Bloor - 0121 686 4071
'Boot Sale and Cake Stall'
10.00 onwards

Tuesday 22nd June

Young Carers Needs

Pam Bloor - 0121 686 4071
Connexions Head Office, Broad Street,
Birmingham
'Training Workshop'
Times TBA

Friday 25th June

EPT and Birmingham Carers Support Service

Angela Lee - 0121 427 3301
EPT, Inkermann Street, Nechells, Birmingham
'Interagency Information Open Day'
11.00 - 3.00

Linthorns Chemist

Chris Vinnicombe - 0121 464 3468
1351 Stratford Road, Hall Green
'Carers Information Morning'
11.00 to 12.00

Personal Visit: Birmingham Carers' Centre
Milton Grange
16 Handsworth Wood Road
Birmingham
B20 2DR

Are You a Carer

A Carer is someone who looks after a relative, friend or neighbour who has a long-term illness, disability, mental health problem or frailty due to old age and is not in formal employment in carrying out their caring role.

Birmingham Carers Week 2004

Diary of Events

 **Birmingham City Council**
Social Care and Health



Tuesday 8th June

Moseley Carers Group

Shirley Corbett - 0121 464 3165
1 Amesbury Road, Moseley, Birmingham
'Pamper Evening with Cheese and Wine'
7.00pm - 9.00pm

Thursday 10th June

KIDS West Midlands

Jackie Foxall - 0121 362 4565
Kids family centre, 249 Birmingham road,
Wylde Green, Birmingham
'Pamper Day for Parents' (with crèche)
10.00 - 12.00

Monday 14th June

Launch Event UCIS

Kate Griffiths - Birmingham Carers
Cannon Hill Park, Cannon Hill, Birmingham
'Health Awareness Walk with Information Stand
and speech from Suzanna McCorry'
10.00 - 1.00

Birmingham Childrens Hospital

Deborah Adams - 0121 333 8505
Childrens Hospital
'Family information Centre, info stand will be
available all week from 9.00 - 5.00

Cofton Carers

Jackie Betteridge - 0121 628 0941
40 Cofton Road, Maypole.
'Informaton Stand in Sainsburys at the Maypole'
Time to be confirmed

Linthorns Chemist

Pat Marsan - 0121 442 3468
Prince of Wales Lane, Yardley Wood
'Carers supports information morning'
10.00 -11.00

Linthorns Chemist

Allison Christie - 0121 442 3468
Monyhull Hall Road, Kings Norton.
'Cares Support Information morning'
11.30 - 12.30

Kings Norton Library

Pat Marsan - 0121 442 3468
Persore Road South, Kings Norton
'Librarians Pension service and Carers Support
Initiative Information'
2.00 - 4.00

Yardley Pharmacy

Allison Christie - 0121 442 3468
WM Brown Ltd, 1054 Yardley Wood Road,
Yardley Wood 'Carers support information
afternoon'
4.00 - 5.30

East Birmingham Primary Care Trust Carers Support

Wendy Westley - 0121 765 5194
Yardley Room, Harvey Road , Yardley
'Health Awareness Event'
1.30 - 3.30

The Romsey Assessment Unit

Bonnie Allcock - 0121 678 2127
QEPH, Edgbaston, Birmingham
'Educational Awareness and relaxation
day with a concert from the CBSO'
9.30 - 3.30

Heart Of Birmingham PCT Carers Initiative

Margaret Gilliver - 0121 255 4226
Small Heath Health Centre, Chapman Road,
Small Heath 'Carers Day with Stalls'
10.00 - 2.30

Tuesday 15th June

Birmingham Carers Support Services

Birmingham Indoor Market
Virinder or Suzanne - 0121 686 4060
Birmingham City Centre
'Carers Information Stall'
10.00 - 3.00

Weoley Castle Library

Jayne Wallace - 0121 464 1664
Weoley Castle, Birmingham
'Advice Session for Carers and Carers Support
Groups'
10.00 - 12.00

Rethink

Colin Gittings- 0121 236 6952
Room 11, Ruskin Chambers, 191 Corporation
Street
'Carers and Professionals Forum, inc. Buffet'
12.00 - 2.00

Linthorns Chemist

Pat Marsan - 0121 442 3468
Weoley Castle Square, Weoley Castle
'Carers Support Information Morning'
10.00 - 11.00

Sainsbury's

Allison Christie - 0121 442 3468
The Triangle, Selly Oak , Birmingham
'Carers Support Information Morning'
10.00 - 12.00

Job Centre Plus

Pat Marsan - 0121 442 3468
Bristol Road South, Longbridge, Birmingham
'Carers Support Initiative Health Promotion'
1.00 - 3.00

East Birmingham Primary Care Trust Carers

Support Wendy Westley - 0121 765 5194
Shard End Community Centre&Sports Hall,
Shard End, Birmingham
'Health Awareness Event'
11.00 - 2.00

Savants at Bournville Salon

Joyce Byrne - 0121 483 1106
Bournville College, Bristol Road, Northfield
'Complete Makeover, including hair, make-up and
Photo!'
NO APPOINTMENT NECESSARY
10.00 - 3.00

Community Options Team Linkway

Theresa Harrington - 0121 464 7977
2-20 Alwold Road, Weoley Castle , Birmingham
'Open Day for Carers'
10.00 - 12.00 and 1.00 - 3.00

Wednesday 16th June

Birmingham Carers and Carers Support Initiative

for East Birmingham PCT
Kwik Save - Virinder or Suzanne - 0121 686 4060
Erdington
'Carers Information day with East Birmingham
PCT Carers Support Iniative'
10.00 - 3.00

Linthorns Chemist

Pat Marsan - 0121 442 3468
Persore Road, Edgbaston
'Carers Support Initiative Information Morning'
11.00 - 12.00

Harborne Medical Practice

Pat Marsan - 0121 442 3468
York Street, Harborne.
'Carers Support Information Morning'
10.00 - 12.00

Savants at Bournville Salon

Joyce Byrne - 0121 482 1106
Bournville College, Bristol Road, Northfield
'Complete Makeover, including hair,
make-up and Photo!'
NO APPOINTMENT NECESSARY
10.00 - 3.00

The Institute of Ageing and Health

Helen Bruce - 0121 428 2022
The Centre@ Onneley House, 109 Court Oak
Road, Harborne
'Information and Awareness Morning with
refreshements'
10.00 - 12.00

West Midland Ambulance Service

Chris Busst - 07900 900205
Victoria Square, City Centre, Birmingham
'Mobility and Transport Information Awareness
Day'
9.00 onwards

Thursday 17th June

Birmingham Carers Support Services

Boots Walk in Centre
Virinder or Suzanne - 0121 686 4060
Corporation Street, City Centre
'Carers Information Day'
10.00 -3.00

Druids Heath Library

Judith Edwin - 0121 303 7171
Idminston Croft, Druids Heath
'Alternative Health Day, including Healthy Eating
Lunch'
10.00 – 4.00

Acocks Green Library

Pat Marsan - 0121 442 3468
The Green, Acocks Green, Birmingham
'Neighbourhood office, library and Carers
Information Morning'
10.00 - 12.00

Boots the Chemist

Pat Marsan - 0121 442 3468
Warwick Road, Acocks Green, Birmingham
'Carers Information Morning'
10.00 - 11.30

East Birmingham Primary Care Trust Carers

Support, Wendy Westley - 0121 765 5194
Bearwood Court Rehabilitation Centre, Cadbury
Drive, Castle Vale
'Health Awareness Event'
1.00 - 4.00